



## Next Steps for Cases and Close Contacts

Monkeypox is a disease caused by a virus. It can spread through close, personal contact with someone who has the virus. It often appears as a rash with bumps or blisters, and may be accompanied by flu-like illness.

### **If you are diagnosed with Monkeypox:**

- You will be asked to isolate at home and take precautions to not expose others until the blisters have healed.
- Think about possible close contacts including medical providers, family members, and sexual partners.
- Antiviral medications may be considered for treatment by your physician.

### **If you are a close contact of someone with Monkeypox:**

- Monitor your temperature twice daily for 21 days following your last exposure to the case
- Symptoms of concern include fever  $>104$  degrees, chills, swollen lymph nodes, and new skin rash.
- If symptoms develop, self-isolate at home and contact your physician for guidance.
- If you have NO symptoms, you can continue normal daily activities.

**For more information, visit**  
**<https://www.cdc.gov/poxvirus/monkeypox/symptoms.html>**