

Your child may have been exposed to:

Shingles

If you think your child has Shingles:

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- Tell your childcare provider or call the school.
- Report the infection to the staff member designated by the child care program for decision-making and action related to care of ill children.

Need to stay home?

No, unless:

- The rash cannot be covered
- The child is unable to participate and staff members determine that they cannot care for the child without compromising their ability to care for the health and safety of the other children in the group.
- The child meets other exclusion criteria, such as fever with behavior change.

Prevention

- Use good hand-hygiene technique at all times
- Cover blisters

Prevention

The virus that causes shingles is the virus that causes chickenpox. Vaccination of susceptible individuals is the best way to prevent or decrease the severity of infection with this virus. A vaccine is currently available to prevent shingles in individuals who previously had chickenpox, but it is recommended for use only in those 60 years and older.

Shingles is an infection caused by the reactivation of varicella-zoster (chickenpox) virus within the body of someone who previously had chickenpox or (rarely) someone who had received the chickenpox

Symptoms

Appearance of red bumps and blisters, usually in a narrow area on half of the body, that may be itchy or painful.

Spread

The virus in the blisters can spread to a person who has never been vaccinated or had chickenpox; this virus will cause chickenpox (not shingles) in that person.

Incubation Period

The virus can remain in the body in an inactive state for many years after the original chickenpox infection. Shingles may occur many years after having chickenpox when the virus (varicella zoster) reactivates.

Contagious Period

Until the blisters are covered by scabs.

Call your Healthcare Provider

- If anyone in your home has symptoms.
- Adults who have not had chickenpox/chickenpox vaccine and pregnant women should consult their physician.

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway
LaGrange, KY 40031
502-222-3516 ext. 136
www.ncdhd.org

