

Your child may have been exposed to:

Salmonella

Quick Help

If you think your child has Salmonella

Tell your childcare provider or call the school.

Need to stay home?

Yes, until diarrhea has stopped.

School: No, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently.

In addition, anyone with Salmonella should not use swimming beaches, pools, water parks, spas or hot tubs until 2 weeks after diarrhea has stopped.

Prevention

- Wash hands after using the toilet or changing diapers and before preparing food or eating. Your child may need help with handwashing.
- Clean and disinfect any objects that come in contact with stool. This includes toilets (potty chairs), sinks, toys and diaper changing areas. Use a product that kills germs.
- Chicks, ducklings, reptiles (eg, pet turtles, iguanas, snakes) and amphibians can carry *Salmonella*. Wash your hands after touching these pets.
- Cook foods thoroughly and do not drink unpasteurized milk or unpasteurized juice. Always disinfect cooking surfaces.

Salmonellosis is a bacterial infection of the intestines.

Symptoms:

Your child may have diarrhea, cramps, headache, vomiting or fever. Illness may last up to 7 days. If your child is infected, it may take 6 to 72 hours for symptoms to start.

Spread

- By eating or drinking contaminated food or beverages
- By touching contaminated objects or surfaces
- By handling chicks, ducklings, reptiles and amphibians

Contagious Period

The illness can spread as long as *Salmonella* bacteria are in the stool. This could be for several weeks.

Call your Healthcare Provider

- If anyone in your home has symptoms. There is a medical test to detect the bacteria.
- Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea.

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org

