

**Your child may have been exposed to:**

# Pink Eye

## Quick Help

### If you think your child has Pink Eye

Tell your childcare provider or call the school.

### Need to stay home?

**No, unless:**

- The child is unable to participate and staff members determine that they cannot care for the child without compromising their ability to care for the health and safety of the other children in the group.
- There is a recommendation of the health department or the child's healthcare provider.

### Prevention

- Cover nose and mouth when coughing or sneezing. Use a tissue or your sleeve. Dispose of used tissues.
- Discourage rubbing or touching of eyes. Keep the eye's wiped of drainage.
- Wash hands after touching anything that could be contaminated with secretions from the nose, eye or mouth. Your child may need help with handwashing.
- Clean and disinfect anything that comes in contact with secretions from the nose or mouth. Use a product that kills germs.
- Use a cotton-tipped swab to apply medication.

**Conjunctivitis (pink eye) is redness and soreness of the eye.**

### Symptoms:

Your child may have redness, itching, pain and drainage from the eyes. Your child may have a fever. If your child is infected, it may take 1 to 3 days for symptoms to appear.

### Spread

- By touching secretions from the eye, nose or mouth.
- By touching contaminated hands, objects or surfaces.

### Contagious Period

While symptoms are present

### Call your Healthcare Provider

- If there is thick drainage from the eye. Your doctor will decide if treatment is necessary.
- Antibiotic treatment may be prescribed. If the infectious is caused by a virus, specific antiviral treatment is usually needed.

For more information, please visit or call:  
Oldham County Health Department  
1786 Commerce Parkway, LaGrange KY 40031  
502-222-3516 ext. 136  
[www.oldhamcountyhealthdepartment.org](http://www.oldhamcountyhealthdepartment.org)

