

Your child may have been exposed to:

Measles

Quick Help

If you think your child has Measles

Tell your childcare provider or call the school.

Need to stay home?

Yes, until 4 days after the rash begins. A child with measles should not attend any activities during this time period.

If a case of measles occurs in your childcare or school, public health will inform unvaccinated children and staff how long they will need to stay home.

Prevention

- Cover nose and mouth when coughing and sneezing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect anything that comes in contact with secretions from the nose or mouth. Use a product that kills germs.

Measles is a serious viral illness that may be prevented by vaccination.

Symptoms:

Your child may have a high fever, watery eyes, a runny nose and a cough. A rash appears between day 3 to day 7 of illness. This rash will appear red and blotchy and last up to 7 days. It usually begins on the face (in the hairline) and then spreads down so it may eventually cover the entire body. If your child has been infected, it may take 8 to 18 days for symptoms to start.

Spread

- By coughing and sneezing
- By touching contaminated objects or surfaces.

Contagious Period

From 1 to 2 days before the first signs or symptoms appear (4 days before the rash) and 4 days after the appearance of the rash.

Call your Healthcare Provider

If anyone in your home:

- Was exposed to measles and has not had measles or measles vaccine in the past.
- Develops cold-like symptoms with a fever and/or a rash. Keep them at home. **DO NOT go to a healthcare facility without calling first.** Your child will be kept separate from others to prevent further spread. A blood test may be done.

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org

