

**Your child may have been exposed to:**

# Hepatitis A Infection

## Quick Help

### If you think your child has Hepatitis A

Tell your childcare provider or call the school.

### Need to stay home?

**Yes**, until one week after onset of illness after all contacts have received vaccine or immune globulin as recommended.

### Prevention

- Wash hands after using the toilet, changing diapers and before preparing or eating food. Your child may need assistance with washing their hands.
- Clean and disinfect any objects that come in contact with secretions from the nose or mouth. Use products that kill germs.
- Ask your healthcare provider about Hepatitis A vaccine. Hepatitis A vaccine is recommended for all children 12-23 months of age and should be considered for groups at increased risk of Hepatitis A.

**Hepatitis A is a viral infection causing liver inflammation.**

### Symptoms

Your child may suddenly have a fever and may be tired and not want to eat. A few days later, your child may have urine that is as dark as tea or cola. Stools may be white or gray-colored. Your child may appear jaundiced (yellowing of eyes or skin). If your child is infected, it may take 15 to 50 days for symptoms to start. It usually takes 28 days.

### Spread

- By eating or drinking contaminated food or water
- By touching contaminated hands, surfaces or objects

### Contagious Period

From 2 weeks before to 2 weeks after symptoms start.

### Call your Healthcare Provider

- Has symptoms of Hepatitis A. Blood tests can be done. No specific treatment is given.
- Has been exposed to Hepatitis A.

For more information, please visit or call:  
Oldham County Health Department  
1786 Commerce Parkway, LaGrange KY 40031  
502-222-3516 ext. 136  
[www.oldhamcountyhealthdepartment.org](http://www.oldhamcountyhealthdepartment.org)

