

Your child may have been exposed to:

Cryptosporidiosis

If you think your child has Cryptosporidiosis:

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Tell your childcare provider or call the school.

Need to stay home?

Yes, until diarrhea frequency has reduced to fewer than 2 stools above normal for that child.

Prevention

- Wash hands after using the toilet, changing diapers and before preparing or eating food. Your child may need assistance with washing their hands.
- Clean and disinfect any objects that come in contact with stool. This includes toilets, potty chairs, sinks, toys and diaper changing areas. Use products that kill germs.
- **DO NOT** swallow water when swimming in lakes, swimming pools, hot tubs or fountains. Spread can occur through contaminated water.

Cryptosporidiosis is an intestinal infection caused by a parasite.

Symptoms

- Acute watery diarrhea
- Fever
- Vomiting
- Abdominal cramps
- Fatigue
- Lack of appetite

Spread

- By eating or drinking contaminated food or beverages.
- Contact with contaminated municipal water supplies or public swimming pools.
- Animals in petting zoos

Contagious Period

The illness can spread as long as *Cryptosporidium* parasites are in the stool. This may be 2 weeks or longer.

Call your Healthcare Provider

- If anyone in your home has symptoms. There is a medical test to detect the parasite. There is a treatment, however, most people get better without any specific treatment.
- Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea.

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org

