

**Your child may have been exposed to:**

# Yeast

## Quick Help

### If you think your child has Yeast

Tell your childcare provider or call the school.

### Need to stay home?

No

### Prevention

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth and after changing diapers. Your child may need help with handwashing.
- Clean and disinfect objects that come in contact with secretions from the mouth or nose and diaper area. Use a product that kills germs.
- Replace bottle nipples and pacifiers after treatment.

**Yeast is a fungus that can cause infection. It is common to have yeast infections of the mouth or throat (thrush) or the diaper area (diaper rash).**

### Symptoms:

**Thrush:** White, slightly raised patches on the tongue or inside the cheek. Sucking on fingers or thumbs may cause children to develop the infection around the fingernails.

**Diaper Rash:** Smooth, shiny, red rash with a raised border.

### Spread

Rarely, by touching skin lesions or secretions from the mouth.

### Contagious Period

The illness can spread as long as sores are present.

### Call your Healthcare Provider

If anyone in your home has symptoms of thrush or diaper rash.

For more information, please visit or call:  
Oldham County Health Department  
1786 Commerce Parkway, LaGrange KY 40031  
502-222-3516 ext. 136  
[www.oldhamcountyhealthdepartment.org](http://www.oldhamcountyhealthdepartment.org)

