

**Your child may have been exposed to:**

# Roseola

## Quick Help

### If you think your child has Roseola

Tell your childcare provider or call the school.

### Need to stay home?

**Yes**, until the fever is gone and other rash illnesses, especially measles, have been ruled out.

### Prevention

- Wash hands after touching infected skin on humans and pets. Your child may need help with handwashing
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.

**Roseola is a viral rash. It is the most common cause of rashes in children 6 months to 2 years of age.**

#### Symptoms:

Your child may have a high fever that starts suddenly and generally lasts for a few days. As the fever breaks, a rash appears on the child's belly, chest, back and neck. It may later spread to the rest of the body. Even with a rash, your child may still feel okay. Illness may last up to 7 days. If your child is infected, it may take 9 to 10 days for symptoms to start.

#### Spread

- By touching the secretions from the nose or mouth.

#### Contagious Period

Most likely during the fever and before the rash appears.

#### Call your Healthcare Provider

If your child has a fever and a rash.

For more information, please visit or call:  
Oldham County Health Department  
1786 Commerce Parkway, LaGrange KY 40031  
502-222-3516 ext. 136  
[www.oldhamcountyhealthdepartment.org](http://www.oldhamcountyhealthdepartment.org)

