

Your child may have been exposed to:

Ringworm

Quick Help

If you think your child has Ringworm

Tell your childcare provider or call the school.

Need to stay home?

Yes, until treatment has been started or if lesion cannot be completely covered. If on the scalp, until 24 hours after treatment has been started.

Activities: Limit gym, swimming and other close contact activities if the lesion cannot be covered or until 72 hours after treatment has begun.

Sports: Athletes follow your healthcare provider's recommendations and the specific sports league rules.

Prevention

- Wash hands after touching infected skin on humans and pets. Your child may need help with handwashing
- Cover skin lesions
- Wash bedding, clothing, combs and brushes in hot, soapy water
- Check all household members and all pets for signs of infection
- DO NOT let children touch an infected pet's skin until it has been treated and heals

Ringworm is a fungal infection that may affect the body, feet or scalp.

Symptoms:

Body—Flat, spreading, round shapes on the skin. If your child is infected, it may take 4 to 10 days for symptoms to start.

Scalp— Begins as a small scaly patch on the scalp and may cover more of the head. Mild redness, swelling, itching and pustules (pus-filled bumps) may occur. Infected hairs become brittle and break off easily. If your child is infected, it may take 10 to 14 days for symptoms to start.

Feet (athlete's foot)- scaling or cracking of the skin or blisters. Itching is common.

Spread

- By touching the infected skin of a person or pet (usually, dogs and cats).
- By sharing or touching contaminated objects. Objects include hats, clothing, furniture, shower stalls, swimming pool decks and locker room benches or floors.

Contagious Period

As long as you can see the ringworm on the skin. Once treatment has begun your child is less contagious.

Call your Healthcare Provider

If anyone in your home has symptoms. Your doctor will decide if treatment is needed. Follow directions exactly.

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org

