

Your child may have been exposed to:

Pinworms

Quick Help

If you think your child has Pinworms

Tell your childcare provider or call the school.

Need to stay home?

No

Prevention

- Wash hands after using the toilet or changing diapers and before preparing food or eating. Your child may need help with handwashing.
- Avoid scratching or touching bare anal area or biting nails. Keep nails short.
- Clean and disinfect any objects that come in contact with stool. This includes toilets (potty chairs), sinks, toys and diaper changing areas. Use a product that kills germs.
- Wash every morning (a shower is best) using a fresh washcloth and towel. Wear clean underwear each day. Handle sheets, blankets and underwear of infected children carefully. Avoid shaking the items and wash dirty laundry promptly.

Pinworms are small worms that live in the human intestine (gut) and crawl out at night to lay eggs in the anal area.

Symptoms:

Your child may have itching of the anal area, especially at night. Your child may be fussy and wake often at night. If your child is infected, it may take 2 to 8 weeks for symptoms to start.

Spread

- By touching the anal area of an infected person. This can happen while changing a diaper.
- By handling contaminated pajamas, underwear or bedding.
- By having contact with contaminated food, objects or surfaces.

Contagious Period

As long as eggs are present. Eggs can cause infection even after being off the body for 2 to 3 weeks.

Call your Healthcare Provider

- If you suspect pinworms. The whole family may need to be examined. Your doctor may prescribe a medication.

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org

