

Your child may have been exposed to:

Herpes Simplex Virus

Quick Help

If you think your child has herpes simplex virus

Tell your childcare provider or call the school.

Need to stay home?

Yes, until one week after onset of illness after all contacts have received vaccine or immune globulin as recommended.

Prevention

- Wash hands after using the toilet, changing diapers and before preparing or eating food. Your child may need assistance with washing their hands.
- Clean and disinfect any objects that come in contact with secretions from the nose or mouth. Use products that kill germs.
- Remind children not to touch the sores.
- **DO NOT** kiss a person with sores on or near the mouth.
- Use a cotton-tipped swab to apply medication.

Herpes simplex is a viral infection that may cause sores in the mouth or on the lips and face. The sores are commonly called cold sores.

Symptoms

- Fever
- Irritability
- Tender, swollen lymph nodes
- Painful, small, fluid-filled blisters in the mough and on the gums and lips
- Blisters weep clear fluid and bleed and are slow to crust over
- Often there are no signs or symptoms

Spread

- By having direct contact with saliva, commonly by kissing
- By touching the fluid from the blisters or sores

Contagious Period

First infection: up to 2 weeks, sometimes longer.
Recurring infection: usually 3 to 5 days.

Call your Healthcare Provider

If anyone in your home:

- Has symptoms of oral herpes infection

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org

