

Your child may have been exposed to:

Fifth Disease

Quick Help

If you think your child has been exposed to Fifth Disease

Tell your childcare provider or call the school.

Need to stay home?

Yes, until vomiting and diarrhea have stopped.

Prevention

- Wash hands after using the toilet, changing diapers and before preparing or eating food. Your child may need assistance with washing their hands.
- Clean and disinfect any objects that come in contact with stool. This includes toilets, potty chairs, sinks, toys and diaper changing areas. Use products that kill germs.
- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve. Dispose of used tissues.

Fifth Disease is a common viral infection with rash occurring 1 to 3 weeks after infection.

Symptoms

- Fever
- Headache
- Sore throat
- Uncommon symptoms: itchiness, cough, diarrhea/vomiting, runny nose and joint aches
- Red “slapped-cheek” rash appears 1 to 3 weeks after these signs or symptoms. This characteristic rash is followed shortly by a lacelike-appearing rash proceeding from trunk to arms, buttocks and thighs. Rash usually fades in 3 to 7 days.

Spread

- By coughing or sneezing
- By touching contaminated hands, surfaces or objects

Contagious Period

Until the rash appears.

Call your Healthcare Provider

- If your child has a weakened immune system, sickle cell anemia, or other blood disorders and has been exposed to someone with Fifth Disease.
- If you are a pregnant woman who has been exposed to Fifth Disease. Your doctor will decide if you need a blood test.

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org

