

**Your child may have been exposed to:**

# Enteroviruses

## Quick Help

### If you think your child has been exposed to an enterovirus

Tell your childcare provider or call the school.

### Need to stay home?

Yes, until vomiting and diarrhea have stopped.

### Prevention

- Wash hands after using the toilet, changing diapers and before preparing or eating food. Your child may need assistance with washing their hands.
- Clean and disinfect any objects that come in contact with stool. This includes toilets, potty chairs, sinks, toys and diaper changing areas. Use products that kill germs.
- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve. Dispose of used tissues.

**Enteroviruses cause a variety of illnesses.**

### Symptoms

- Fever
- Sore throat
- Mouth sores
- Rash
- Vomiting
- Diarrhea

### Spread

- By eating or drinking contaminated food or beverages
- By touching contaminated hands, surfaces or objects
- By coughing or sneezing

### Contagious Period

During symptoms and as long as the virus is in the stool. This could be for several weeks.

### Call your Healthcare Provider

- No specific treatment is available.
- Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea.

For more information, please visit or call:  
Oldham County Health Department  
1786 Commerce Parkway, LaGrange KY 40031  
502-222-3516 ext. 136  
[www.oldhamcountyhealthdepartment.org](http://www.oldhamcountyhealthdepartment.org)

